

**Notes:**

1. This list applies only to food items that are prepared by the producer in the residential kitchen. The purpose of this list is to help producers determine if the food item they wish to produce and sell is Cottage Food or whether a Home Food Processing Establishment License is required.
2. Sprout production, processing and distribution is regulated by DIA as a temperature control for safety food; this applies to seeds or beans used to grow sprouts that are harvested with their seed or root intact. If harvested above the root, it is an unregulated RAC.
3. Except for Sprouts, home-grown Raw Agricultural Commodities (RAC's) in their whole, uncut and natural state are neither a Cottage Food nor a Homemade Food Item because their production and distribution is unregulated.
4. Only foods that are shelf stable and do not require temperature control for safety may be sold under Iowa's Cottage Food Law.
5. Cottage Foods must be sold directly to the household consumer and cannot be wholesaled to another business or sold through another business.
6. Home Food Processing Establishments (HFPE) are home based food production operations that are licensed and inspected by the Iowa Department of Inspections and Appeals. NOTE: Some foods and food processing methods are prohibited under a Home Food Processing License.

Food Item	Can this food item be sold as a Cottage Food?	Can this food item be sold with a HFPE license?	Can this food item be sold directly to consumers?	Can this food item be sold on a wholesale/resale basis?	Special Requirements & Agency Contact
<b>Raw Agricultural Commodities (RAC)</b>					
Raw seed or bean sprouts	No	No	No	No	For more information about the sale of raw seed or bean sprouts, contact the Iowa Department of Inspections and Appeals
Whole uncut produce	No	No	Yes-Unregulated	Yes-Unregulated	A license is not required to sell whole uncut produce
<b>Processed Plant Foods</b>					
Casseroles, Pasta, Veggie Pizza, other Non-Meat dishes (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Cut Leafy Greens (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Cut Melons (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Cut Tomatoes (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Cut Produce, other than cut leafy greens, cut melons or cut tomatoes (raw produce, shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food Regulations)
Fruits or Vegetables (acidified)	Yes	No	Yes-Cottage Food	No	pH testing required. Review Iowa Administrative Code Section 481-30.13 (Cottage Food Regulation)
Fruits or Vegetables (fermented)	Yes	No	Yes-Cottage Food	No	pH testing required. Review Iowa Administrative Code Section 481-30.13 (Cottage Food Regulation)
Heat Treated Fruits, Vegetables and Grains (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Low Acid Canned Fruits or Vegetables	No	No	No	No	Contact the Iowa Department of Inspections and Appeals for more information

Peanut Butter and other Nut Butters (shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Roasted Coffee Beans (whole or ground)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Salad Mixes (temperature controlled for safety) (potato, cucumber, pasta, lettuce, etc.)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Salsa (acidified)	Yes	No	Yes-Cottage Food	No	pH testing required. Review Iowa Administrative Code Section 481-30.13 (Cottage Food Regulation)
Salsa (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Tofu (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
<b>Meat, Poultry, Fish Products</b>					
Canned meat or poultry	No	No	No	No	Contact the Iowa Department of Agriculture and Land Stewardship, Meat & Poultry Inspection Bureau
Charcuterie Trays (commercially processed meats - temperature controlled for safety)	No	Yes	Yes-HFPE License Required	No	For wholesale requirements, contact the Iowa Department of Agriculture and Land Stewardship, Meat & Poultry Inspection Bureau
Home cured meat or poultry	No	No	No	No	Contact the Iowa Department of Agriculture and Land Stewardship, Meat & Poultry Inspection Bureau
Fish or products containing fish or shellfish	No	No	No	No	A Food Establishment or Food Processing Plant license is required (see Iowa Administrative Code Chapters 481-30 and 481-31). Contact the Iowa Department of Inspections and Appeals for more information.
Foods containing meat or poultry (casserole, goulash, take-n-bake pizza, etc. - temperature controlled for safety)	No	Yes	Yes-HFPE License Required	No	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments) For wholesale requirements, contact the Iowa Department of Agriculture and Land Stewardship, Meat & Poultry Inspection Bureau
Game animals that have been raised for food (rabbit, elk, bison, farm deer, etc-temperature controlled for safety)	No	No	No	No	Contact the Iowa Department of Inspections and Appeals for more information
Meat or poultry raised on the sellers farm and has been processed and packaged in a licensed locker and bears a mark of inspection	No	Yes	Yes-HFPE License Required	No	A Food Processing Plant (storage only) license is required for wholesale distribution. Contact the Iowa Department of Inspections and Appeals for more information.
Meat or poultry smoked for flavor enhancement	No	Yes	Yes-HFPE License Required	No	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments) For wholesale requirements, contact the Iowa Department of Agriculture and Land Stewardship, Meat & Poultry Inspection Bureau

Meat or poultry smoked for preservation	No	No	No	No	A Food Establishment or Meat or Poultry Processing license is required. Contact the Iowa Department of Inspections and Appeals regarding information about a Food Establishment license or Contact the Iowa Department of Agriculture and Land Stewardship - Meat and Poultry Inspection Bureau for information about a Meat or Poultry Processing license.
Meat Pies (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	No	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments) For wholesale requirements, contact the Iowa Department of Agriculture and Land Stewardship, Meat & Poultry Inspection Bureau
Wild game animals or foods containing wild game animals (rabbit, deer, etc.)	No	No	No	No	Wild game meat cannot be sold in Iowa, Contact the Iowa Department of Natural Resources or the Iowa Department of Inspections and Appeals for more information.
<b>Milk, Dairy, Eggs</b>					
Butter (homemade)	No	No	No	No	Contact Iowa Department of Agriculture and Land Stewardship, Dairy Products Control Bureau for more information
Cheese (homemade)	No	No	No	No	Contact Iowa Department of Agriculture and Land Stewardship, Dairy Products Control Bureau for more information
Cheese Trays (commercially processed cheeses - temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Flavored Butter (made with commercially processed butter with herbs or other flavorings added - refrigerated for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Foods containing commercially processed milk, butter, eggs or cheese used as an ingredient (shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food Regulation)
Foods containing commercially processed milk, butter, eggs or cheese used as an ingredient (refrigerated for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Foods containing farm fresh eggs from the operator's own flock used as an ingredient (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Foods containing farm fresh eggs from the operator's own flock used as an ingredient (shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food Regulation)

Ghee (made from commercially processed butter - shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food Regulation)
Ghee (made from homemade butter)	No	No	No	No	Contact Iowa Department of Agriculture and Land Stewardship, Dairy Products Control Bureau for more information
Ice Cream (homemade)	No	No	No	No	Contact Iowa Department of Agriculture and Land Stewardship, Dairy Products Control Bureau for more information
Ice Cream (prepared from a commercially sourced, pasteurized ice cream mix)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Nut Milk (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Exempt from licensing for direct to consumer sales. Contact the Iowa Department of Agriculture and Land Stewardship, Feed & Fertilizer Bureau for wholesale distribution information
Raw Milk or foods containing raw milk	No	No	No	No	Contact Iowa Department of Agriculture and Land Stewardship, Dairy Products Control Bureau for more information
Shell eggs from the produces own flock	No	No	Yes-Unregulated	No	Contact Iowa Department of Agriculture and Land Stewardship, Commercial Feed and Fertilizer Bureau for more information
<b>Dried Foods (Dehydrated, Freeze-dried, etc)</b>					
Dried Eggs (cooked - shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Dried Eggs (raw - shelf stable)	Yes	No	Yes-Cottage Food	No	Cottage food sales must only be direct to consumer. Iowa Administrative Code section 481-30.13 (Cottage Food).
Dried Fruits and Vegetables (shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Dried Herbs and Spices (shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Dried Meat or Poultry (fully cooked - shelf stable)	No	Yes	Yes-HFPE License Required	No	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments). For wholesale requirements, contact the Iowa Department of Agriculture and Land Stewardship, Meat & Poultry Inspection Bureau

Dried Meat or Poultry (raw/not fully cooked - shelf stable)	No	No	No	No	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments) and Iowa Administrative Code section 481-30.13 (Cottage Food). For wholesale requirements, contact the Iowa Department of Agriculture and Land Stewardship, Meat & Poultry Inspection Bureau
Dried Milk or Milk Products (made from commercially processed milk - shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Dried Milk or Milk Products (raw or not from commercial source)	No	No	No	No	Contact Iowa Department of Agriculture and Land Stewardship, Dairy Products Control Bureau for more information
Dried Mushrooms (Cultivated - shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Dried Mushrooms (wild harvested - shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	With proper documentation as a "Certified wild-harvested mushroom identification expert" as defined in Iowa Administrative Code section 481-30.2. Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Dried Noodles (shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
<b>Condiments, Dressings, Syrups</b>					
BBQ sauce (acidified)	Yes	No	Yes-Cottage Food	No	pH testing required. Review Iowa Administrative Code Section 481-30.13 (Cottage Food Regulation)
BBQ sauce, shelf stable (high acid food)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	pH testing required. Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Honey (pure)	No	No	Yes-Unregulated	Yes-Unregulated	A license is not required to sell pure honey
Honey (flavored - shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Hot sauce (acidified)	Yes	No	Yes-Cottage Food	No	pH testing required. Review Iowa Administrative Code Section 481-30.13 (Cottage Food Regulation)

Hot sauce (high acid food)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	pH testing required. Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Jams, Jellies and Fruit Butters (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Jams, Jellies and Fruit Butters (shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Soluble Solids testing required for product identity, and pH or aw testing required to ensure shelf stability. Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food) for additional information.
Ketchup (acidified)	Yes	No	Yes-Cottage Food	No	pH testing required. Review Iowa Administrative Code Section 481-30.13 (Cottage Food Regulation)
Mustard (acidified)	Yes	No	Yes-Cottage Food	No	pH testing required. Review Iowa Administrative Code Section 481-30.13 (Cottage Food Regulation)
Salad Dressing (acidified)	Yes	No	Yes-Cottage Food	No	pH testing required. Review Iowa Administrative Code Section 481-30.13 (Cottage Food Regulation)
Salad Dressing (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Salad Dressing with garlic (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Salad Dressing, oil based, no garlic (shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Product testing is required. Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food) for additional information.
Garlic and oil mixtures (fresh garlic-temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Syrups (shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Product testing is required. Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food) for additional information.
Syrups and other sauces (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Tomato Sauce (acidified)	Yes	No	Yes-Cottage Food	No	pH testing required. Review Iowa Administrative Code Section 481-30.13 (Cottage Food Regulation)
Tomato Sauce (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)

#### Desserts, Candies, Chocolates, Confections and Baked Goods

Cakes, Cookies, Brownies and Dessert Bars (shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Candy, Fudge and other Chocolates	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Cheesecake, Meringues, Puddings, Mousses, other similar Desserts (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Cream or Custard Filled Pastries or other bakery products (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Donuts, Bagels, Muffins and Scones	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Pies (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Pies (shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Plain Breads, Buns, Rolls, Croissants	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
Stuffed Breads or Bread Products (temperature controlled for safety, non-meat)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Tarts, fruit pizza and other sweet desserts (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Tarts, fruit pizza and other sweet desserts (shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	Cottage food sales must only be direct to consumer. If the food item will be offered for wholesale or resale a HFPE license is required. Review Iowa Administrative Code 481-34 (Home Food Processing Establishments) or Iowa Administrative Code section 481-30.13 (Cottage Food)
<b>Juices, Drinks and Beverages</b>					
Alcoholic Beverages	No	No	No	No	Contact Iowa Alcohol Beverage Division (ABD) for more information



Bottled water	Yes	No	Yes-Cottage Food	No	Review Iowa Administrative Code Section 481-30.13 (Cottage Food Regulation)
Coffee cold brewed (temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	Review Iowa Administrative Code Chapter 481-34 (Home Food Processing Establishments)
Fruit Juice (pasteurized, temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	If an individual intends to pasteurize juice, they must demonstrate adequate pastertization. Products that are sold wholesale or for resale are subject to regulation by the US Food and Drug Administration under Title 21, CFR Part 120.
Fruit Juice (pasteurized, shelf stable)	Yes	Yes	Yes-Cottage Food	Yes-HFPE License Required	If an individual intends to pasteurize juice, they must demonstrate adequate pastertization. Products that are sold wholesale or for resale are subject to regulation by the US Food and Drug Administration under Title 21, CFR Part 120.
Fruit Juice (unpasteurized, temperature controlled for safety)	No	No	No	No	Contact the Iowa Department of Inspections and Appeals for more information
Kombucha Tea (no fruit juice)	Yes	No	Yes-Cottage Food	No	pH testing required (<4.60 pH). Contact the Iowa Department of Inspections and Appeals for more information
Kombucha Tea (with fruit juice)	Yes	No	Yes-Cottage Food	No	pH testing required (<4.60 pH). Contact the Iowa Department of Inspections and Appeals for more information
Packaged Ice	Yes	No	Yes-Cottage Food	No	Review Iowa Administrative Code Section 481-30.13 (Cottage Food Regulation)
Sugarcane Juice (acidified)	Yes	No	Yes-Cottage Food	No	pH testing required. Review Iowa Administrative Code Section 481-30.13 (Cottage Food Regulation)
Sugarcane Juice (pasteurized, temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	If an individual intends to pasteurize juice, they must demonstrate adequate pastertization. Products that are sold wholesale or for resale are subject to regulation by the US Food and Drug Administration under Title 21, CFR Part 120. Contact the Iowa Department of Inspections and Appeals for more information
Sugarcane Juice (unpasteurized, temperature controlled for safety)	No	No	No	No	Contact the Iowa Department of Inspections and Appeals for more information
Vegetable Juice (acidified, shelf stable)	Yes	No	Yes-Cottage Food	No	pH testing required. Review Iowa Administrative Code Section 481-30.13 (Cottage Food Regulation)
Vegetable Juice (pasteurized, temperature controlled for safety)	No	Yes	Yes-HFPE License Required	Yes-HFPE License Required	If an individual intends to pasteurize juice, they must demonstrate adequate pastertization. Products that are sold wholesale or for resale are subject to regulation by the US Food and Drug Administration under Title 21, CFR Part 120. Contact the Iowa Department of Inspections and Appeals for more information
Vegetable Juice (unpasteurized, temperature controlled for safety)	No	No	No	No	Contact the Iowa Department of Inspections and Appeals for more information
<b>Miscellaneous</b>					
Consumable Hemp Products	No	No	No	No	Contact the Iowa Department of Inspections and Appeals for more information
Foods that are not prepared in the residence by the producer and sold in the manufacturer's original package (shelf stable)	Yes	No	Yes-Unregulated	No	Contact the Iowa Department of Inspections and Appeals for more information



Foods that are not prepared in the residence by the producer and sold in the manufacturer's original package. (temperature controlled for safety)	No	No	No	No	Contact the Iowa Department of Inspections and Appeals for more information
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Cell: A1

Comment: Added Berry

👤Kurt Rueber

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Please take a look at the home made food item list. I know there may be things we need to add, but we need to get something ready for the website and training. I fully understand this will not be comprehensive, but please look at the categories and the column headings to see if this will work. We will have another list for cottage foods. Keeping this simple is important as we will direct many folks to this list. If there are some additional food items you feel we should add, please add them but try to stick within the categories. There is some redundancy here and that is also expected as we have some foods that may fall under categorical line and also under a specific item. I am asking you to review this in the next day or two at most. Thanks. @kurt.rueber@dia.iowa.gov

\_Assigned to Kurt Rueber\_

👤Mark Speltz

Cell: A23

Comment: I think this is covered in the cut produce section. Not sure veggie trays need its own listing.

👤Mark Speltz

deleted

👤Kurt Rueber

Cell: A31

Comment: I'm missing something here - this would not allow the operator to purchase meat or poultry

👤Kurt Rueber

We are talking specifically about meat and poultry that has been processed and packaged by a locker that bears a mark of inspection. What I am trying to say is that if the animal was not raised by the HFPE, it cannot be a homemade food item and stored and sold under an HFPE. In order for it to be a homemade food item, it has to be produced by the operator. So, there is a distinction between animals raised by the operator and animals raised by someone else. Maybe this is too confusing. If I raise the animal and send it to a locker to process under official inspection, I can then store that packaged meat in the HFPE and sell directly to the consumer under the HFPE. If I purchase inspected meat from the locker or a distributor, I cannot store and sell this product direct to the consumer under the HFPE. I would need a warehouse license.

👤Mark Speltz

That's true with all other foods, including RAC's. Can we add under miscellaneous something like:

Foods received into the establishment for the purpose of warehousing and re-distribution; such as packaged meats, desert bars, bottled water, fruits and vegetables, etc.

👤Kurt Rueber